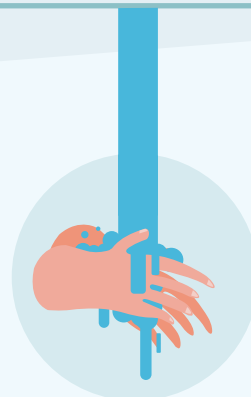


COVID-19

MANTENHA-SE ATENTO, SIGA AS RECOMENDAÇÕES



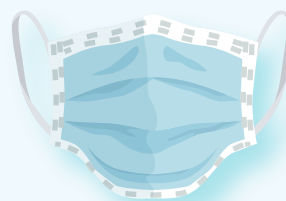
Mantenha distância de segurança de 1,5 a 2 metros das outras pessoas



Lave frequentemente as mãos com água e sabão ou use uma solução à base de álcool



Quando espirrar ou tossir, tape o nariz e a boca com um lenço ou com o antebraço



Utilize máscara em espaços fechados

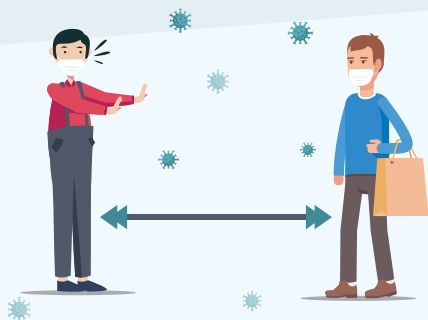
Se tiver tosse, febre ou dificuldade respiratória,

ligue **808 24 24 24**

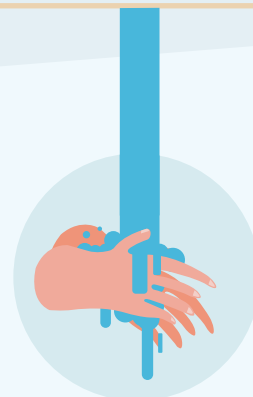
Siga as recomendações da Autoridade de Saúde

COVID-19

STAY ALERT, FOLLOW THE RECOMMENDATIONS



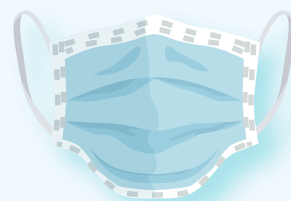
Keep a safe distance of 1.5 to 2 meters (6 feet) from other people



Wash your hands frequently with soap and water or an alcohol-based solution



When sneezing or coughing, cover your mouth and nose with a tissue paper or your forearm



Wear a mask in indoor public spaces

If you have a cough, fever or difficulty breathing,

call **808 24 24 24**

and follow the recommendations given by the Healthy Authority